## PROJECT SAFE CHILDHOOD: Ceeping Kids Safe and Secure Online

## It's time for a digital safety checkup!

A quick review of your children's online social media or gaming profiles might show:

- exactly what they look like
- where they go to school
- where they live
- the names of their parents, siblings, and friends
- where they have been and where they will be

Sometimes kids overshare information, which gives predators more opportunity to piece together information about a child they are targeting. How to avoid this? One way you can help your child be safer online is to sit down together on a regular basis and perform a digital safety checkup:

- Make all social media and gaming profiles private
- Have your child use a cartoon/avatar for their profile picture rather than a real image
- Have your child use a nickname as their username, rather than their real name
- Remove all identifying information from their online profile including age or birthday
- Do not use suggestive or identifying e-mail addresses
- Review app settings to keep information like their location private
- Don't forget that apps can be downloaded onto devices such as iPads and smartwatches so those devices will need a digital privacy checkup, too!

If you know of a child in immediate risk or danger, notify law enforcement right away. Online child exploitation can be reported to your local police department or to the National Center for Missing and Exploited Children's CyberTipline: www.CyberTipline.com or by calling 1-800-843-5678

## **Resources:**

www.justice.gov/usao-ma/outreach/project-safe-childhood www.staysafe.org/teens/

